



Rookhope Primary School



Forest-in-Teesdale Primary School



St John's Chapel Primary School

Stay home, Stay safe Issue 1 – Friday 24th April

Welcome to the first issue of our 'stay home' newsletter. I hope you are all keeping well and staying safe and healthy. These newsletters will hopefully keep us all connected during the next few weeks and be a place where we can share useful resources and ideas we have found and celebrate some of the fantastic things you have been doing at home. If you are happy to share any positive stories, photos, examples of things your children have been doing at home, email them to your child's key teacher or to me s.hodgkinson100@durhamlearning.net and I can add them to the newsletter as a gallery each week.

As I mentioned in my Facebook post before the holidays, the staff and I are incredibly proud of our families and the fantastic activities you have been doing with your children. We understand that families are under a lot of pressure at the moment and that some of you are busy with lambing and calving or trying to work from home whilst supporting your children's learning. We are here to support you as best we can but please don't feel that you have to complete every learning task. Please keep in touch with your child's key teacher so that we know you are all OK and don't feel that there is any pressure to have done every task we've provided. We are living through very strange times at present and the most important thing we can do as parents is support and reassure our children and help them to understand what is happening in the world. If your child is particularly anxious about the coronavirus, the NSPCC website provides lots of advice and ideas to support your child:

<https://www.nspcc.org.uk/keeping-children-safe/coronavirus-advice-support-children-families-parents/>



Messages from our team

'Hello everyone! I hope you are all keeping well and enjoying the sunshine. I'm enjoying walking my dog once I've finished work and spending time in my garden. I'm looking forward to seeing you all once it's safe to do so. In the meantime, I'm loving seeing all your photos and pieces of work you have done! '- Mrs Hodgkinson

'Hi everyone! I have really enjoyed seeing all the different things you have been doing so far. I'm enjoying getting out for a walk or run each day once I finish working. I'm busy learning lots of new things for when we get back to school and I'm looking forward to seeing you all once we're back.' - Miss Woods

'Hello everyone. I love seeing all the super things that you have been up to! You are very creative and have inspired me to get into my garden and start planting and growing my own vegetables. I enjoy seeing all the baking and cooking that you have been doing and I think I am improving, especially my banana cake! After work, I am enjoying spending time with my family, but I am looking forward to seeing you all when we get back.'-Mrs. Evers

'Hi everyone! I'm enjoying seeing all the things that you have been doing and the super work. I'm doing lots of work on my computer but I'm trying to fit in a walk, or a bike ride each day with my family. Yesterday, I made an apple crumble for the first time – it was delicious!' - Mrs Eastwood

Helooooo Everyone! I hope you are all well, I miss seeing your lovely smiley faces! I love seeing all the interesting things you have been up to whilst school is closed, please keep all the photos and messages coming in. I have been walking Willow everyday and enjoying playing games with Archie – we are experts at swingball now! - Ms G Smith (SJC)

'Hope you're all well. I've just had a baby alpaca (cria) born this morning.' Mrs Smith (Rookhope)

'Hi everyone! I would just like to wish all the children and their families safe and happy times together.' Mrs Fenton



Department for Education Updates

You can find the latest updates for parents and carers from the DFE at

<https://www.gov.uk/government/publications/closure-of-educational-settings-information-for-parents-and-carers>

Support for families in Weardale

Update from Weardale Action Partnership:

Linda is a Rural Advice Worker in Weardale. Linda is a fully qualified Citizen's Advice Worker. Funding from the Weardale Action Partnership enabled the service to be brought to Weardale in the form of home visits to residents who are unable to travel to a Citizens Advice office.

The service offers help with all aspects of welfare benefits advice e.g. identifying eligibility for a benefit, helping to make a claim and challenging negative decisions on behalf of the clients.

During the Coronavirus outbreak, Linda is continuing to work with residents of Weardale by telephone. She can be contacted on 0191 3726758 for advice on all aspects of Welfare Benefits advice, debt and other advice.

All calls are confidential.

Headteacher Challenge for next week

If you are managing to get out for a daily walk or are playing in the garden or out in the fields, see if you can complete this scavenger hunt next week. Send me a photo of your finds by **Thursday** if you would like it to be included in our gallery of the week. The website is :-

<https://tinyurl.com/scavengerspring>





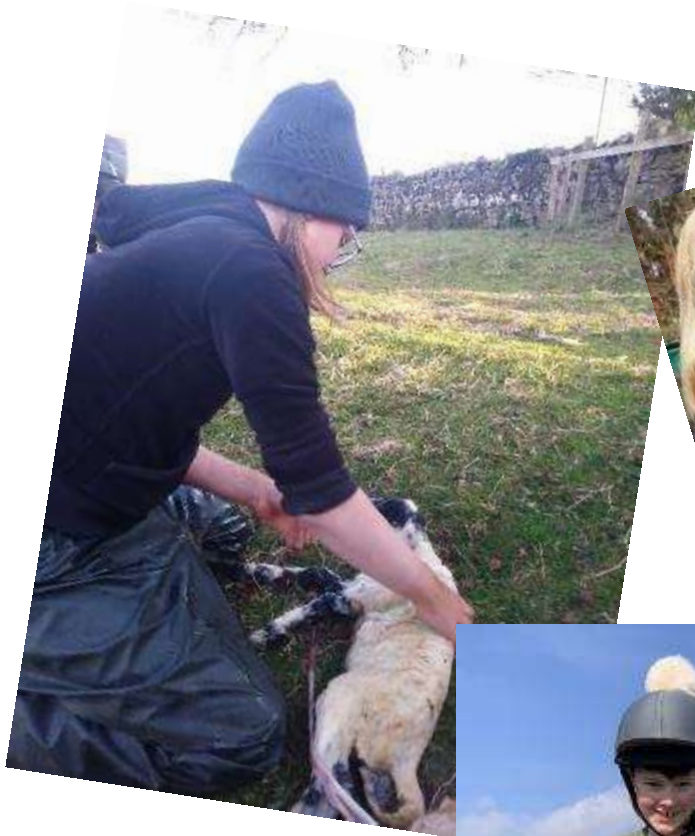
Take a look at what we have all been doing recently





Our photo wall is an opportunity to share what we are all doing. Please do not feel any pressure to send in photos but if you would like to send something to help the children keep in touch, email them to your child's teacher or to me s.hodgkinson100@durhamlearning.net





Learning Resources and ideas you might like to try

Keeping Active

So many of you are keeping active during this time, below you will find some links to more activities to inspire you into action. Remember to take some photos of you keeping active and send them to your teachers.

Boogie Beebies

<https://www.bbc.co.uk/programmes/b006mvsc>

Disney Shake Ups

<https://www.nhs.uk/10-minute-shake-up/shake-ups>

Super Movers

<https://www.bbc.co.uk/teach/supermovers>

This is PE

https://www.youtube.com/playlist?list=PLYGRaluWWTtojV3An2WEgsQ4qGFy_91jDL

Sporting Influence

<https://sportinginfluence.com/home-resources>

Joe Wicks – Live on Youtube every weekday at 9am

<https://www.thebodycoach.com/blog/pe-with-joe-1254.html>

Music Resources



Durham Music Service has launched its **Youtube channel**.

Every day from 20th April we will post a short musical learning video for pupils suitable for both in and out of school.

- Action **Monday** (wake up the week with an Action Song)
- Rockin Rhythm **Tuesday** (Have fun with rhythm with percussion/household objects)
- Ukulele **Wednesday** (Sing and strum for Uke Fun!)
- Singalong **Thursday** (Catchy songs for all the family)
- Signing **Friday** (Sing and Sign for all)



Maths Resources

Carol Vordeman Maths lessons for kids

<https://www.themathsfactor.com/>

Geography Challenge from Mrs Evers

If you enjoy looking at maps, then take a look at this challenge to create a map of the British Isles showing places that are famous for particular foods.

<https://www.cosmographics.co.uk/Maps-For-Schools-Cosmographics-Ltd.Html>